

menu

Essence Lunch Menu

November 18th, 19th 2025

Appetizers

Maple Butternut Squash and Apple Soup (V, GF)

Maple sour cream, caramelized apples, chives

or

Mushroom Filled Roasted Quail

Orange honey butter sauce

Entrée's

Fish Tacos

Coleslaw, cilantro, lime créma, pico de gallo, bean and rice salad

Tofu Thai Green Curry, (V, GF)

Jasmine rice, bok choy, grilled pineapple, cilantro

Brie Stuffed Chicken Breast, Mustard Herb Cream Sauce

Roasted mini potatoes, black garlic butter, kohl rabi

Dessert

Milk Chocolate Mousse (V)

Raspberries, chocolate, Grand Marnier cream

\$25.00 taxes extra

Service Times: 11:45, 12:00, 12:15



We bring learning to the table.